MultiFactor or 2 Factor Authentication

MFA
Something you know with something you have

Requires you to type in a code from your phone or a device seperate than the device being used to log into a service or site

Username and password at different entry points is not considered MFA

How to accomplish MFA?

- TXT or SMS message to your mobile device
- An authenticator app such as Microsoft authenticator, Google Authenticator or Authy

Why MFA works

Constantly changing codes are hard to guess
Requires a threat actor to have access to multiple devices you control

Where to enable MFA?

Windows Remote Desktop
Any remote access including a VPN
Payroll Provider
Dropbox
Bank accounts

Safe Pro

2FA